

Veggie Sloppy Joe

Ingredients:

- ▶ 8 oz (1 pack) of Wiwas Tempeh
- ▶ 1 cup of corn
- ▶ 2 carrots stick (shredded)
- ▶ 2 oz butter
- ▶ 10 clove garlic (minced)
- ▶ ½ red onion (chopped)
- ▶ ½ bottle ketchup
- ▶ 1 cup of water (add more to desired sauce consistency)
- ▶ Oregano, salt, sugar, pepper
- ▶ Burger bun

Preparing the tempeh:

- ▶ Diced tempeh into small chunk
- ▶ Melt 1 oz buter and stir fried the tempeh until light brown. Set aside



Sauces:

- 1 Melt 1 oz butter on a medium pan and add garlic. Stir a little bit and then add water, ketchup, and carrots. Seasoned with oregano, salt, sugar, pepper to taste.
- 2 Stir occasionally until boiling.
- 3 Add the tempeh to the sauce.
- 4 Once ready, add the sauce and pickles to the burger bun to create Wiwas Tempeh's Sloppy Joe.